

Woman's Day
live well every day

March 2014
Circulation: 3,449,692

Woman's Day
Cozy comfort food

» EASY DINNERS & DIG-IN DESSERTS

Cut your cable bill in half!

THE TRICK TO **BETTER SLEEP**
(it takes 1 second!)

Foods that fight pain

Yum! 24 brownie recipes p. 95

Drugstore beauty deals

MARCH 2014
womansday.com

Update Your Polish

Find a fun new shade!

IF YOU LIKE
nude shades
you'll love...



MATTE METALLIC

Sally Hansen Satin
Glam Nail Color
in Go Gold, \$5.99;
at drugstores

**SHIMMERING
PEACH**

Jesse's Girl Cosmetics
Julie G Nail Color
in Freshly Squeezed,
\$3.99; jessesgirl.com

IF YOU LIKE
bright colors
you'll love...

**CHEERY
CORAL**

OPI Nail Lacquer
in Where Did
Suzi's Man-go?,
\$9; ulta.com



VIBRANT ORANGE

Avon MegaWatt
Nail Enamel in Voltage,
\$6; avon.com

IF YOU LIKE
deep hues
you'll love...



GRAY MEETS GREEN

Flower Nail'd It Nail
Lacquer in Evening
Primrose, \$4.98; at
Walmart stores

**SUPER-SLICK
PLUM**

Nails Inc. London
Gel Effect Polish
in Kensington
High Street, \$14;
nailsinc.com

TRY A TOPPER

These fast effects
make nails look
extra-special.



« Try Wet n Wild
MegaRocks
Glitter Nail
Color in
Waiting for
My Solo
(\$2.99; at
drugstores)
on an accent
nail (like your
ring finger)
or as a sparkly
top coat.



» The fine tip on Hot Designs
Nail Art Pens (\$14.99 for 3;
gethotdesigns.com) lets you
design with ease. Just twist
the top to use the brush.

» For a modern
style, turn
down the
shine on
nails with
Nicole by OPI
Matte Top
Coat (\$7.99;
at Target
stores).

